

CHILDREN AND FAMILY SERVICES								
Resource	Name	Address	Number	Website	Hours of Operation	Services	E-mail	
Children and Family	AngleZ Behavioral Health Services	841 Riverside Drive, Augusta ME 04330	844-294-5306	http://anglezbhs.com/	M-F: 8:30AM-4:30PM	Provides quality mental health services and co-occurring services to children, adults and families with special needs or behavioral, psychological, or intellectual impairments.	http://anglezbhs.com/contact-us/	
Children and Family	Penobscot Bay YMCA	116 Union St. PO Box 840, Rockport ME 04856	(207) 236-3375	http://www.penbayymca.org/	M-F: 5:30AM-8:30PM, S	Provide high quality services that meet the youth development, healthy living and social needs of individuals and families in the communities we serve.	info@penbayymca.org	
Children and Family	Knox County Community Health C	120 Union Street, Rockport ME 04856	(207) 236-6313		Mon-Fri 9a-5p	Identify, recommend and assist efforts to enhance the overall quality of life and health of the Knox County community by promoting a livable wage, reducing substance abuse, providing access to healthcare and other essential services, creating opportunities for individuals to empower themselves, improving affordable transportation and communicating effectively with each other on common concerns.	Emails are going to be on their facebook page.	
Children and Family	Assistance Plus	1604 Benton Ave., Benton ME 04901	(207) 453-4708 or 800-781-0070	http://www.assistanceplus.com/	M-F: 7:00AM-4:00PM	Provides long term home health care, developmental disabilities, and behavioral health services including case management for children and adults with behavioral health disorders and intellectual disabilities.	http://www.assistanceplus.com/contact/	
Children and Family	The Umbrella Agency	73 Biscay Road, Damariscotta ME 04543	(207) 563-3022	http://www.counselordamariscotta.com/	M-F: 8:00AM-5:00PM; S	Provides co-occurring mental health consumers a vital community mental health, behavioral health therapy, and substance abuse counseling resource in the center of Coastal Maine	Contact through the website.	
Children and Family	Big Brothers Big Sisters	48 Washington Street, Suite 16, Camden ME 04843	(207) 236-BBBS (2227)	http://www.bbbsmidmaine.org/		Provides children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.	info@bbbsmidmaine.org	
Children and Family	Care Net Crisis Pregnancy Center	462 Old County Road, Rockland ME 04841	(207) 594-1616 or 1-800-712-4357 (24 hour helpline)	http://carenetofrockland.com/	M-Th 12:30PM-5PM; Friday or off-hour appointments are available upon special request	Provide support, education, and outreach to women in our community dealing with any pregnancy or post abortion related matter. Although primary focus is assisting women, they are pleased to offer support to boyfriends and husbands as they are able.	carenet@midcoast.com	
Children and Family	Youthlinks	420 Broadway, Rockland ME 04841	(207) 338-2200 ex.4	https://www.broadreachmaine.org/child-youth/youthlinks/		Provide youth education	info@brmaine.org	
Children and Family	Maine Family Planning	22 White Street, Suite 101, Rockland ME 04841	(207) 594-3114 (Phone's open M-Th: 8:00AM-6:00PM; F: 8:00am-4:00pm)	www.mainefamilyplanning.org/directories/24-88/ro	M: 8:00AM-3:00PM; T: 10:30AM-6:00PM; Th: 8:00 AM-3:30PM	Birth Control, testing, annual exams, and other preventive care		
Children and Family	Trekkers	41 Buttermilk Drive, Thomaston ME 04861	(207) 594-5095	http://trekkers.org/		Outdoor-based mentoring program that connects young people with caring adults through expeditionary learning, community service and adventure-based education.	shari@trekkers.org	
Children and Family	Mid Coast Regional Development	91 Camden Street, Suite 108, Rockland ME 04841	(207) 594-5933 or 877-443-1301	www.maine.gov/education/speced/cds	M-F: 8:00AM-4:00PM	Case management and direct instruction, early intervention and special education programming	gail.page@maine.gov	
Children and Family	Broadreach Family & Community	272 Park Street, Rockland ME 04841	(207) 338-2200	www.broadreachmaine.org	M-F: 8:00AM-4:00PM	Free parenting classes for all caregivers of children	info@brmaine.org	
Children and Family	Homeless Youth Outreach	375 Main Street, Rockland ME 04841	(207) 596-0359	www.homecounselorsinc.org	M-F: 8:00-4:30	Case management and outreach services to secure appropriate living situations and to maintain or establish school attendance. Children and adolescents from birth to 21 years of age who are either a runaway homeless, locked or kicked out or at risk of running away.	hcrock@homecounselorsinc.org	
Children and Family	Penquis Head Start and Early Head	7 High Street, Rockland ME 04841	(207) 594-5342 or 1-800-585-1605	www.penquis.org/index.php?id=898	Monday-Friday, 8:00 am - 4:30 pm	Child development program for ages birth-5 for income eligible families		

Children and Family	ESM Incorporated	766 Riverside Drive, Augusta ME 04333	(207) 622-5946 1(888) 622-5946	http://www.esm-communityrehab.com/index.php/contact-us		Adults with Intellectual Disabilities Services; case management, community support center, clinical services, daily living support, residential services		
Children and Family	Maine Families Home Visiting Pro	377 Manktown Road, Waldoboro ME 04572	(207) 832-0343	www.maineamilies.org		Works with new or expecting parents	Contact Person: Jen Doherty at jennifer.d.doherty@maine.edu	
Children and Family	Break of Day Incorporated	343 Birchpoint Road, Wiscasset ME 04579	(207) 882-6594	http://breakofdaymhg.com/		Working with consumers in need of mental health services; case management, daily living support, skills development, outpatient therapy, behavioral health homes	Info@882-6594	
Children and Family	Maine Mothers Network	1155 Lisbon Street, PO Box 2008, Lewiston ME 04241	Main Office: (207) 783-9141 Statewide Crisis Service: 1-888-568-1112 Mobile Crisis Outreach: 1-(207) 783-4680 referral; 1-800-244-6431	http://tcmhs.org/pages/substance-abuse-co-occurring-treatment.php		Case management for pregnant & parenting women using substances	info@tcmhs.org	
Children and Family	Sweetser Child Case Management	360 Old County Road, Rockland ME 04841	Rockland Office: (207) 593-1212 Promise Line: 1-800-434-3000 Crisis: 1-88-568-1112	www.sweetser.org	M-F: 8:00AM-5:00PM	Addresses emotional issues, major mental illnesses, substance use disorders, and educational disabilities through an integrated network of care that responds to the unique strengths and needs of each child, adult, and family that seeks our help; ACIS, Day Treatment, Outpatient Therapy, Residential Services	info@sweetser.org	
Children and Family	Department of Health and Human Services	91 Camden Street, Suite 108, Rockland ME 04841	596-4200 or 1-800-432-7802	http://www.maine.gov/dhhs/DHSaddresses.htm		Information regarding TANF, Community employment opportunities, SNAP, child care and support, health and safety issues, legal assistance, and other helpful info.	rockland.dhhs@maine.gov	
Children and Family	Midcoast Mental Health Center	12 Union Street, Rockland ME 04841	1-800-450-2072 or 701-4400	www.mainebehavioralhealth.org		Case management for adults and children, outpatient counseling, med management	info_recovery@MaineBehavioralHealthcare.org	
Children and Family	Picker Family Resource Center	3 Glen Cove Drive, Rockport ME 04856	207-596-8956	http://www.destinationwellnessme.com/dw-membership	9-4:30 M-F	Our mission is to inform and empower patients, families, community members and hospital staff by providing health information and resources. We sponsor a variety of classes and other events to help you stay well, learn about your health and manage your health conditions. We offer health education classes, screenings, events, outreach programs and the use of our facilities to support health education throughout the community.	rmccormick@penbayhealthcare.org	
Children and Family	Assistance Plus	844 US Route 2, East Wilton ME 04294	800-781-0070	http://www.assistanceplus.com/	M-F: 7:00AM-4:00PM	Provides long term home health care, developmental disabilities, and behavioral health services including case management for children and adults with behavioral health disorders and intellectual disabilities.	http://www.assistanceplus.com/contact/	