<table>
<thead>
<tr>
<th>Resource Services</th>
<th>Name</th>
<th>Address</th>
<th>Number</th>
<th>Website</th>
<th>Hours of Operation</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Children and Family</strong></td>
<td>Angelz Behavioral Health Services</td>
<td>41 Riverside Drive, Augusta ME 04330</td>
<td>207-236-5060</td>
<td><a href="http://angelzlbs.com/">http://angelzlbs.com/</a></td>
<td>M-F: 8:00AM-4:30PM</td>
<td><a href="mailto:info@angelzlbs.com">info@angelzlbs.com</a></td>
</tr>
<tr>
<td></td>
<td>Big Brothers Big Sisters</td>
<td>307 Union St, PO Box 840, Rockport ME 04856</td>
<td>207-236-5375</td>
<td><a href="http://www.penbayymca.org">http://www.penbayymca.org</a></td>
<td>M-F: 8:30AM-8:30PM</td>
<td><a href="mailto:info@penbayymca.org">info@penbayymca.org</a></td>
</tr>
<tr>
<td></td>
<td>Knox County Community Health</td>
<td>27 Union Street, Rockport ME 04856</td>
<td>207-238-6333</td>
<td>Mon-Fri 9a-5p</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assistance Plus</td>
<td>1704 Benton Ave,</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>22 White Street, Suite</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>04843</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Big Brothers Big Sisters</td>
<td>116 Union St. PO Box</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4900, Rockport ME</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>04856</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Umbrella Agency</td>
<td>12 Beauty Road,</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Damariscotta ME 04543</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Big Brothers Big Sisters</td>
<td>48 Washington Street, Suite 16, Camden ME 04843</td>
<td>207-236-BBBS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Care Net Crisis Pregnancy Center</td>
<td>40 Old County Road, Rockland ME 04841</td>
<td>207-594-1616</td>
<td><a href="http://www.carenetofrockland.com/">http://www.carenetofrockland.com/</a></td>
<td>M-Th: 12:30PM-5PM; F: 8:00AM-3:30PM</td>
<td><a href="mailto:caretel@midcoast.com">caretel@midcoast.com</a></td>
</tr>
<tr>
<td></td>
<td>Youthlinks</td>
<td>123 Broadway, Rockland ME 04841</td>
<td>207-338-2300 ext.4</td>
<td><a href="http://www.broadreachmaine.org/children-youth/youthlinks">http://www.broadreachmaine.org/children-youth/youthlinks</a></td>
<td>M-F: 8:00AM-3:00PM</td>
<td><a href="mailto:info@broadreachmaine.org">info@broadreachmaine.org</a></td>
</tr>
<tr>
<td></td>
<td>Maine Family Planning</td>
<td>222 White Street, Suite 101, Rockland ME 04841</td>
<td>207-594-3114</td>
<td><a href="http://www.mainefamilyplanning.org/directories/24-88/rockland-family-planning">http://www.mainefamilyplanning.org/directories/24-88/rockland-family-planning</a></td>
<td>M: 8:00AM-3:00PM; T: 10:00AM-6:00PM; Th: 8:00AM-3:30PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Trekkers</td>
<td>61 Butternick Drive, Thomaston ME 04881</td>
<td>207-594-5095</td>
<td><a href="http://trekkers.org">http://trekkers.org</a></td>
<td></td>
<td><a href="mailto:gail.page@maine.gov">gail.page@maine.gov</a></td>
</tr>
<tr>
<td></td>
<td>Mid Coast Regional Development</td>
<td>1 Cameron Street, Suite 101, Rockland ME 04841</td>
<td>207-594-5933</td>
<td><a href="http://www.maine.gov/education/special/cls">http://www.maine.gov/education/special/cls</a></td>
<td>M-F: 8:00AM-4:00PM</td>
<td><a href="mailto:gal.page@maine.gov">gal.page@maine.gov</a></td>
</tr>
<tr>
<td></td>
<td>Broadreach Family &amp; Community Services</td>
<td>232 Park Street, Rockland ME 04841</td>
<td>207-338-2200</td>
<td><a href="http://www.broadreachmaine.org">http://www.broadreachmaine.org</a></td>
<td>M-F: 8:00AM-4:00PM</td>
<td><a href="mailto:info@broadreachmaine.org">info@broadreachmaine.org</a></td>
</tr>
<tr>
<td></td>
<td>Homeless Youth Outreach</td>
<td>375 Main Street, Rockland ME 04841</td>
<td>207-596-0139</td>
<td><a href="http://www.homecounselorsinc.org">http://www.homecounselorsinc.org</a></td>
<td>M-F: 8:00-4:30</td>
<td><a href="mailto:hoirisk@homecounselorsinc.org">hoirisk@homecounselorsinc.org</a></td>
</tr>
<tr>
<td></td>
<td>Penquis Head Start and Early Head Start</td>
<td>7 High Street, Rockland ME 04841</td>
<td>207-594-5342</td>
<td><a href="http://www.penquins.org/index.php?id=498">http://www.penquins.org/index.php?id=498</a></td>
<td>Mon-Fri: 8:30 am - 4:30 pm</td>
<td></td>
</tr>
<tr>
<td>Children and Family</td>
<td>Organization</td>
<td>Address</td>
<td>Phone</td>
<td>Website</td>
<td>Services</td>
<td></td>
</tr>
<tr>
<td>---------------------</td>
<td>--------------</td>
<td>---------</td>
<td>-------</td>
<td>---------</td>
<td>----------</td>
<td></td>
</tr>
<tr>
<td>ESM Incorporated</td>
<td>Adults with Intellectual Disabilities Services; case management, community support center, clinical services, daily living support, residential services</td>
<td>766 Riverside Drive, Augusta ME 04333</td>
<td>(207) 622-5946 1(888) 622-5946</td>
<td><a href="http://www.esm-communityrehab.com/index.php/contact-us">http://www.esm-communityrehab.com/index.php/contact-us</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maine Families Home Visiting Program</td>
<td>Works with new or expecting parents</td>
<td>377 Manktown Road, Waldoboro ME 04572</td>
<td>(207) 832-0543</td>
<td><a href="http://www.mainefamilies.org">www.mainefamilies.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Break of Day Incorporated</td>
<td>Working with consumers in need of mental health services; case management, daily living support, skills development, outpatient therapy, behavioral health homes</td>
<td>545 Birchpoint Road, Skowcaet ME 04579</td>
<td>(207) 882-6594</td>
<td><a href="http://breakofdayrehab.com/">http://breakofdayrehab.com/</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sweetser Child Case Management</td>
<td>Addresses emotional issues, major mental illnesses, substance use disorders, and educational disabilities through an integrated network of care that responds to the unique strengths and needs of each child, adult, and family that seeks our help; ACIS, Day Treatment, Outpatient Therapy, Residential Services</td>
<td>520 Old County Road, Rockland ME 04841</td>
<td>(207) 593-1212 24-Hour Crisis: 1-888-568-1112</td>
<td><a href="http://www.sweetser.org">www.sweetser.org</a></td>
<td><a href="mailto:info@sweetser.org">info@sweetser.org</a></td>
<td></td>
</tr>
<tr>
<td>Department of Health and Human Services</td>
<td>Information regarding TANF, Community employment opportunities, SNAP, child care and support, health and safety issues, legal assistance, and other helpful info.</td>
<td>91 Camden Street, Suite 108, Rockland ME 04841</td>
<td>1-800-434-3000 24-Hour Crisis: 1-888-568-1112</td>
<td><a href="http://www.maine.gov/dhhs/DHSServices.htm">http://www.maine.gov/dhhs/DHSServices.htm</a></td>
<td><a href="mailto:rockland.dhhs@maine.gov">rockland.dhhs@maine.gov</a></td>
<td></td>
</tr>
<tr>
<td>Midcoast Mental Health Center</td>
<td>Case management for adults and children, outpatient counseling, med management</td>
<td>12 Union Street, Rockland ME 04841</td>
<td>1-800-450-2072 24-Hour Crisis: 1-888-568-1112</td>
<td><a href="http://www.mainebehavioralhealth.org">www.mainebehavioralhealth.org</a></td>
<td><a href="mailto:info_recovery@MaineBehavioralHealthcare.org">info_recovery@MaineBehavioralHealthcare.org</a></td>
<td></td>
</tr>
<tr>
<td>Picker Family Resource Center</td>
<td>Our mission is to inform and empower patients, families, community members and hospital staff by providing health information and resources. We sponsor a variety of classes and other events to help you stay well, learn about your health and manage your health conditions. We offer health education classes, screenings, events, outreach programs and the use of our facilities to support health education throughout the community.</td>
<td>3 Glen Cove Drive, Rockport ME 04856</td>
<td>(207) 598-8956</td>
<td><a href="http://www.destinationwellnessme.com/dw-member/picker-family-resource-center">http://www.destinationwellnessme.com/dw-member/picker-family-resource-center</a></td>
<td><a href="mailto:rmccormick@penbayhealthcare.org">rmccormick@penbayhealthcare.org</a></td>
<td></td>
</tr>
</tbody>
</table>