

HOUSING | FOOD | HEALTH & SAFETY | ECONOMIC SECURITY

IMPACT



2019 Annual Report

IMPACT

The Impact of Collective Compassion



Our collective compassion is what makes living in Midcoast Maine so unique and special. Caring for everyone—from vulnerable children to elderly citizens— defines the mission of United Midcoast Charities (UMC).

Every day, we experience empathy in action through the generosity of people who care about homeless families seeking shelter, children going to school hungry, a single working parent dependent upon reliable child-care, seniors in need, and more. Our collective empathy weaves the social fabric that holds us all together.

UMC's donors give once to impact four areas of charitable focus: housing, food, health & safety, and economic security—all of which have become more urgent than ever with the recent onset of COVID-19. Our newly established Rapid Respond Fund is helping local nonprofits meet the urgent, immediate needs brought on by this crisis. We are also expediting our annual grant review process to help sustain the day-to-day activities of food pantries, health clinics, homeless shelters, childcare centers, and other grantees at a time of intense need.

UMC donors know that their contributions make Knox and Waldo counties stronger, safer, and more secure. We are delighted to share our annual report as evidence of the impact our collective compassion has on friends and neighbors in need.

With gratitude,

Betsy Saltonstall
2020 President

A Lifeline for Victims

Spotlight: New Hope for Women



● Lifelines come in all different shapes and sizes.
● For Patrisha McLean, it was a wooden coin about
● the size of a poker chip. On it were the 24-Hour
● “Help Line” telephone numbers for the regional
● offices of New Hope for Women.

● “I remember finding it inside my mailbox, the
● day after the arrest of my husband on domestic
● violence charges on January 19, 2016, and not
● knowing what to do with it because I didn’t think
● that the term domestic abuse applied to me.”

● The irony of those thoughts seems obvious
● because domestic abuse crosses all socio-
● economic thresholds. Patrisha was experiencing
● a high level of denial at the time, despite almost
● dying at the hands of her husband the previous
● day. Sadly, that wasn’t the first time. There was a
● 29-year history of violence that began as soon as
● he had her separated from her friends and family,
● without a job, apartment and car of her own.

● **“I describe it as living with the Bogeyman...
● you know, that monster that terrorizes
● children at night... only you can’t shut the
● door of your house to keep yourself safe
● because when you shut the door he’s on your
● side of the door.”**

● That night, she called 9-1-1 just as he broke
● through their thick, locked bathroom door.

● Her story, while not an uncommon one, made
● headlines because criminal charges were brought
● against the perpetrator, internationally known
● singer-songwriter Don McLean.

Patrisha recalls how confused, overwhelmed and
besieged she felt at the time, as her husband’s
team of four high-priced lawyers made good on
his threat to “be the nastiest bastard to you in the
world” if she ever tried to leave their marriage.

And then there was that coin...

She made the call. “The voice on the line was
reassuring, soothing, compassionate, and not
judgmental,” she recalls. “The woman who picked
up understood it (what I was going through) and
believed me.”

That first call lasted over an hour. Not only did
Patrisha call again but soon she was assigned an
“advocate”—someone who would help her map
out a safety plan and then be at her side as she
navigated innumerable court filings and court
appearances in the months and years ahead.

“New Hope has their own lawyer, and that is
invaluable. Most women in domestic abuse
situations can’t afford their own lawyer because
a hallmark of abuse is that he controls all the
money. The number one priority of the New
Hope lawyer and advocate is your safety and
well-being. The decisions you make after you
leave your situation, about finances, property, and
children, will be with you for the rest of your life.
So this help is very important.”

It has been four years since that fateful night of
her husband’s arrest. The first three years she
spent dealing with the trauma, trying to make
sense of being trapped for so long, and also trying

to heal. She credits New
Hope For Women, a UMC
grantee, with bringing her
to a full understanding and
their parent organization
the Maine Coalition to End
Domestic Violence (MCEVDV) with
helping her launch Finding Our Voices: Breaking
the Silence of Domestic Abuse, a survivor-based
organization designed to shine a light on the
nature and pervasiveness of domestic abuse.

“When the story of my abuse broke in the
Midcoast,” Patrisha explains, “other victims
approached me with their stories. I realized
that I was far from alone.” A photojournalist,
Patrisha created an exhibit of portraits and
audio recordings of domestic abuse survivors
that launched at the Camden Public Library on
Valentine’s Day 2019. An expanded exhibit has
been touring the state since then, including
three months at the Holocaust and Human
Rights Center in Augusta. Patrisha has also been
telling her own story, taking around a slideshow
presentation and Survivor Speaks panel
discussion.

In spite of her own progress, Patrisha still likes to
circle back to the beginning: “If you have a friend
you even suspect is in an abusive situation, give
her that wooden coin and tell her to call. New
Hope is not going to push or judge her. Even if
the abusive relationship is years in the past, they
are there to help any way it’s needed.”



2018 GRANTS - Final Results

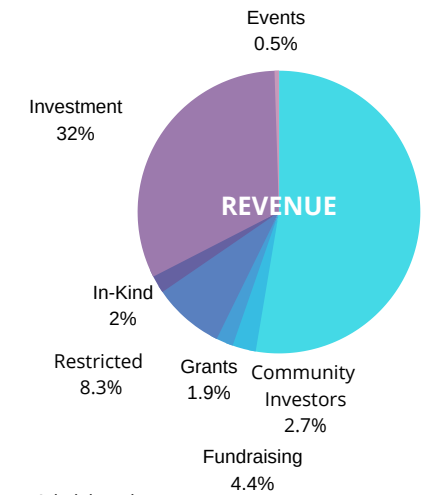
IMPACT

Together, we provided:

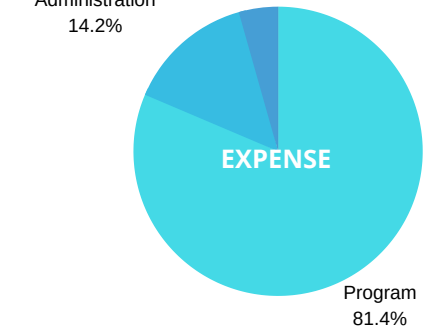
- 20,600 nutritious meals to food-insecure people in Waldo County
- 20,000 nutritious meals to food-insecure people in Knox County
- Comprehensive reproductive health care to 519 low-income, uninsured, and underinsured Maine people
- 4,000 hours of bereavement and end of life support to 139 people and their families
- Screenings for more than 150 new parents for intimate partner violence and trainings for 180 new families on safe sleep practices for their infant
- Financial assistance so that 80 children from 18 towns in Waldo County can access high-quality care while their families work
- Hot, nutritious meals delivered to the homes of 236 seniors in need
- Restorative justice services and education to help 198 people retain or recover employability
- Free after school and summer programs with free transportation, supportive adult relationships, and nutritious meals for 450 children
- In-home nursing services to help 226 low-to-moderate income seniors remain safely at home
- A free university course to 21 local adult students
- Direct service to 656 people affected by domestic violence
- Assistance for 668 clients experiencing homelessness to transition into safe affordable housing
- Mental health support to 250 residents of Knox County
- Help for 19 teen parents moving toward high school completion and employability
- Health screening, medication management, and education for over 800 community members
- Basic needs supplies for 260 people
- Insulating window inserts for 60 households
- Job readiness, career planning and support for 120 local High School students
- Free supplemental heating fuel for 160 low income families in need
- Palliative in-home care for 6 medically fragile children and 51 adults with end-stage chronic conditions
- Free or low-cost dental care to resolve pain, infection, and oral disease in 812 uninsured adults
- Tuition support for high quality day care for 138 children in Knox County

FINANCIALS

audited income and expense
for UMC's 2019 Fiscal Year
Jan. 1 - Dec. 31, 2019



REVENUE	
Unrestricted Contributions	\$ 324,325
Restricted Contributions	\$ 50,323
Community Investors Donations	\$ 16,489
Grants	\$ 12,000
In-Kind Contributions	\$ 12,405
Event Income	\$ 3,124
Net Investment and Securities income	\$ 197,447
Total*	\$ 616,113



NET ASSETS	
Net Assets Beginning	\$ 4,411,296
Net Assets Ending	\$ 4,940,686

EXPENSE	
Program	\$ 531,657
Administrative & General	\$ 92,903
Fundraising	\$ 28,642
Total	\$ 653,202

These figures reflect a simplified presentation. Please contact UMC with questions or for a review of the full audited financials.
*Does not reflect:
Net unrealized gain / (loss) on investments of \$529,390
Budgeted Investment Draw \$207,328



UMA Rockland Center

“The Advisory Council has played a significant role in not only providing resources to local nonprofits but in just creating a sense of common purpose, so we come together and talk about the goals of the organization and whether its meeting the community goals, identify needs and gaps... and talk about how to fill those in.”

“The trainings that have been offered through UMC have been very very valuable to local nonprofits who otherwise would not have the capacity on their own to be able to afford or access those training opportunities.”

“UMC is really knitting the community together.”

--Deborah Meehan, President of UMA Rockland Center



AIO Food Pantry

“The support UMC gives to the area nonprofits is remarkable. The educational series, we’ve attended many of those... the support we get through the grants database, where we’re able to research what other foundations might be available to help us. Personally, I come to UMC all the time for advice on best practices in Board governance and key documents. The website is really helpful to us. We pull key documents and look at the by-laws and look through the various resources.”

“We’re all in this together. And UMC is really helping us find our direction.”

--Liz Jenkins, Board President of AIO Food Pantry



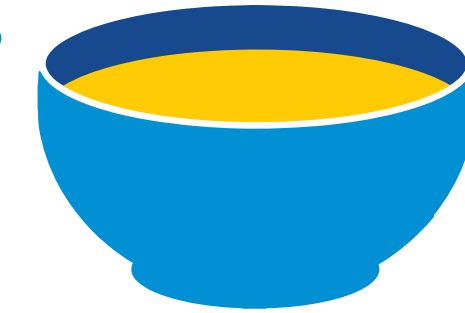
Knox County Homeless Coalition

“I would put UMC in a class with JT Gorman and Elmina B. Sewall, organizations that recognize that in order to do this work in the best way possible for the client, our highly trained social workers need the latitude to make decisions based on the client, not based on the funding stream or what somebody down in Washington or Augusta decided that we should do... but really focusing on the client.”

“That funding allows that family that I described to move ahead with a hopeful future. That funding allows us to decide that that little kid and his dad might really benefit from a mentor who’s going to take them to The Pitch to learn how to play soccer... maybe for the first time in their lives... and that’s what restores hope, that kind of capacity to expose people to wellness and exercise and a level of interest in learning again. That’s what that funding does. And there’s no price that you can put on restoring lives.”

“The Advisory Council’s work on trying to recognize practical opportunities for strategic collaboration can really effect change. And I hope that can continue long into the future because that’s what we need.”

--Stephanie Primm, E.D, Knox County Homeless Coalition



Belfast Soup Kitchen

“I have nothing but praise for UMC. They have stood by us from almost the beginning. They’re one of our original grantors of operating funds. It kept us going. And it more than kept us going financially. It kept us understanding that we’re not way off, that this is the way to go, that there are all these people that need to eat, and we can do it. And every year when that grant came through... the joy in the Board... because we could continue, because our expenses continue to grow... and UMC is right there, by our side, understanding our mission and supporting us.”

“They are transparent. They know what they’re doing. They’re well equipped to do it. They have the skills to do it. And we’re just so grateful to be one of the groups that receives the funds.”

“This is a heart and mind that I’m expressing. But I’m thrilled that UMC just is in existence, and it has wonderful leadership, and has an Executive Director that does outstanding work.”

--Mary Brand, Board President of Belfast Soup Kitchen



New Hope For Women

“The support that is offered from UMC really has been paramount in helping us support our communities. Last year alone we served over 700 people in the Knox and Waldo county areas, and that was a result of the help through UMC.”

--Rebekah Paredes, E.D., New Hope For Women

Housing • • • • • Food • • • • • Health & Safety • • • • • Economic Security • • • • •

Habitat for Humanity of Waldo County

Building strength, stability, self-reliance, and quality affordable housing for Waldo County residents living in unsafe, crowded, or unaffordable housing.

Knox County Homeless Coalition

Assisting the chronically poor and homeless to achieve and maintain self-sufficient lives through comprehensive care models and programs.

Midcoast Habitat for Humanity

Constructing safe, affordable, efficient homes for low to moderate income singles, couples, and small families.

Area Interfaith Outreach (AIO)

Food Pantry, Child Hunger and Utility Assistance

Meeting the rising demand for emergency assistance while respectfully and compassionately providing food to Knox county adults and children who are food insecure.

Belfast Area Child Care Services

Fresh and healthy food experiences and garden-based meal kits for children and families.

Belfast Soup Kitchen

Providing nutritious meals as well as hope, comfort, and access to necessary services to hungry people of Waldo County

MCH Inc. - Meals on Wheels

Providing hot, nutritious meals to homebound Knox County seniors and disabled adults.

Penquis

Developing a system for delivering fresh food to Penobscot Bay island communities through collaboration and training of existing community organizations.

St Brendan the Navigator

Providing nourishing meals to the needy 5 days a week.

Waldo Community Action Partners

Nutrition education, healthy-cooking meal kits and positive food experiences for Waldo County children and adults in need.

Belfast Public Health Nursing

Disease prevention, health education, early intervention and emergency services to low income, uninsured people who lack access to regular medical care.

Hospice Volunteers of Waldo County

Free, confidential, nonmedical support to those at the end of life including direct care, bereavement support and end of life planning.

Maine Family Planning

Providing a full range of reproductive healthcare services to 1,000 Knox and Waldo County residents

Knox County Health Clinic

Low cost preventative, restorative, and prosthodontic dental care for uninsured adults and for children with MaineCare who cannot otherwise access a provider.

New Hope for Women

Providing support, advocacy, and prevention for domestic violence, dating violence, and stalking services in Knox and Waldo Counties.

OUT Maine

Improving safety, health and mental health of Knox and Waldo counties' at-risk, vulnerable LGBTQ youth.

Parent Program of Mid-Coast Maine, Inc.

Improving health of parents and children through in-home screening, education, and referral for postpartum depression, domestic violence, safe sleep, and home safety.

Rockland District Nursing Assoc.

In-home nursing services for seniors living independently in Rockland and nearby communities.

Volunteers of America Northern New England

Reducing recidivism, preventing overdose deaths, and improving release and recovery outcomes for people with a history of substance use disorder as they leave incarceration.

Waldo County Dental Care

Improving health, wellbeing, and employability through critical preventative and restorative dental care and patient education for those who cannot access other care.

Big Brothers Big Sisters of Mid-Maine

Recruiting, training and supporting school-based mentors for youth in the UMC service area.

Game Loft

Sustaining food security, transportation and mentoring programs for rural youth and teens in Waldo County.

Penobscot Bay YMCA

Stimulating economic security for working families by providing childcare at an increasing number of accessible locations around Knox County.

Restorative Justice Project

Helping offenders regain or retain employability through restorative conferencing to achieve meaningful accountability.

Trekkers, Inc.

Preparing students for success in college and trade school through professional development coaching, education planning support, and career exploration opportunities.

University of Maine at Augusta Rockland Center

Scholarship funding for new or continuing university students to help them on a path to success, with a degree completion rate of 75%.

Waldo County Woodshed

Providing supplemental emergency firewood for heating homes in Waldo County.

Waldo County YMCA

Providing year round affordable preschool, Childcare and Summer Day Camp program options for working families.

Waterman's Community Center

Academic-year child care including preschool, vacation camps, and after school care for island families.

Wayfinder Schools

High school completion, life skills, career planning and parenting support provided to teen parents in the stability of their home.

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United Midcoast Charities
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offers an open competitive
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annual grant application
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process. In 2019, our donors
 • • • • •
helped to fund the nonprofits
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listed here, all working in our
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four focus areas.
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FY 2019 GRANTS

Planned Giving

“I was fortunate to be raised in a family that valued giving...whether it was their time, or money, or both. And I have spent most of my life following that value. However, It wasn't until I decided to go skydiving that legacy gifts entered my mind. I decided, before I jumped out of a plane with only some material and rope, that I should write my will.

There were some obvious considerations—family and loved ones. But since charitable giving has always been such a big part of my life, I chose to have that reflected in my will. And, as I have been a long-time supporter of United Midcoast Charities, they were an obvious beneficiary. They have done, and continue to do, such important and wonderful work in Knox and Waldo Counties. Hundreds, if not thousands, are impacted yearly by UMC.

Knowing I will be able to help them help others, even after I have passed, fills my heart.”

-Karen Foxwell, Lincolnville, ME

What's Your Legacy?

Planned giving allows you to tell your story the way you choose - and in some cases, provides real-time tax benefits.

Here are a few ways that you can make a planned gift:

Distributions from charitable trusts or annuities— a charitable trust or annuity provides life income for yourself and/or others. With all or a portion of your gift eventually directed to UMC, you could receive a charitable deduction.

Distributions from retirement plans - In December 2015, Congress passed a law allowing you to give up to \$100,000 to charity directly from your individual retirement account (IRA) when you are more than 70 1/2 years old without counting the distribution as taxable income. This type of gift is called a Qualified Charitable Distribution (QCD).

Gift in Your Will/Bequest— a fixed amount, specific asset or percentage of your estate may be set aside as a bequest in your will.

Life insurance— You can name a charity as a beneficiary of a life insurance policy or you can even transfer full ownership of said policy to the organization.

Real estate or tangible personal property— illiquid assets can be a great gift, especially if you are looking to downsize.

Stocks and securities— many people can increase their giving by donating long-term appreciated securities, including stock, bonds, and mutual funds directly to UMC.

Megan is pleased to chat about your options or share UMC's Gift Acceptance Policy. Please call 207-236-2299 for more information.

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 Ms. Eleanor M. Richardson
 Rock City Cafe
 Rock Coast Networkers
 Rockport Steel
 Mr. H. Thompson Rodman & Ms.
 Mariella Smith-Masters
 Mr. & Mrs. Paul K. Rogers, III
 Mr. & Mrs. James M. Rose
 Mr. & Mrs. John Rosenblum
 Lucy Ross Farland
 Mrs. Beverly Roxby
 John & Frances Rynerson
 Elizabeth Clemens Saltonstall
 Samoset Resort
 Mrs. Kurt G. A. Schlick
 Victor Schmitt
 Rebecca Schnur
 Mrs. Susan R. Schnur
 Mr. & Mrs. Richard Schroeder
 Julia Schulz
 Geoffrey Scott & Anita Brosious-Scott
 Seagull Cottage
 Serendipity Fine Consignment
 Mrs. Esther Sexton
 John & Judy Sherman
 Ms. Martha W. Sholes
 Ms. Gail Shortlidge Arnold
 Sidecountry Sports
 Ms. Meg Sideris
 Jane & Bruce Sigsbee
 Mrs. Ellen C.L. Simmons
 Ms. Margaret Simmons

Michael & Patricia Skaling
 Carla Skinder
 Mrs. Ann C. Slocum
 Cary Slocum & Glenn Montgomery
 Small Wonder Gallery
 Brian Smullen
 Bob & Susan Snead
 Patricia Snyder
 Elizabeth Soloway Snider & Bruce Snider
 Mr. & Mrs. George Stadler
 Dr. & Mrs. Robert W. Stein
 Robert Steinmetz & Pat Ashton
 Shawn Stockman & Dana Fittante
 Marti Stone & Nanci-Ames Curtis
 Mr. Richard S. Stuart
 Dr. Constance Stubbs
 Gary E. Sukeforth
 Steve & Natalie Sulzer
 Surroundings
 Neale Sweet & Betsy Perry
 Katherine Sytsma
 Mr. & Mrs. Martin Taylor
 Susan Taylor
 TD Charitable Foundation
 Texas Instruments
 The Good Table
 The Sail Locker
 Thomas Michaels Designers
 Mr. & Mrs. Galen D. Todd
 Town of Camden - Wood Fund
 Mr. & Mrs. Peter C. Tranchell
 Mr. Michael S. Tripp
 Mr. & Mrs. Robert W. Trone
 Sallie Tucker
 Lucy & John Tuton
 Uncle Willy's Candy Shoppe
 Ms. Marie E. Underwood

Peter Van Alstine
 Lori Van Dusen
 Ellen Van Vranken
 John Viehman & Amy Jenner
 Mr. & Mrs. John P. Voge
 Mr. & Mrs. Patrick J. Wack, Jr.
 Waldo County YMCA
 Mr. Peter A. Walker
 Jan Warren
 Nancy Warren
 Rob Wasserstrom
 Waterfront Restaurant
 Eric & Clare Waters
 Jerome Weiner & Paula Lucia
 Mr. & Mrs. Tracy Wheeler
 Wheelwright Real Estate
 Mrs. Mary M. Wheelwright
 Mr. & Mrs. Malcolm C. White, Jr.
 Mr. & Mrs. Frank H. Whiting
 Dr. & Mrs. Roger W. Wickenden
 Ward & Tracy Wickwire
 Bob & Denise Widen
 Mrs. Theodate A. Wilcox
 Mrs. Katrinka Wilder
 David Wiley
 John & Lucy Williams
 John & Anne Williams
 Ms. Megan Williams & Dr. Archie Green
 Mike & Valerie Williams
 Ms. Alexandra Wolf Fogel
 Tom & Dennie Wolf
 Mr. & Mrs. Barton W. Wood
 Dan & Heather Wyman
 Mr. & Mrs. Allen W. Zern
 Zoot Coffee

Workplace Giving

Build Loyalty: Employees that participate in employer-sponsored payroll giving programs have stated that they like to work for a company that cares. Engagement = Retention.

Validate Employees: Companies that match employee contributions are able to create greater incentive for participation and benefit from strengthened connections with employees and the local community. Matches make employees feel validated and double the impact of the program.

Connect to Your Community: UMC will be your local contact to a network of 30-50 local nonprofits who benefit from our grants. Our grantees are vigorously vetted each year by UMC's Grants Committee to ensure your donations do the greatest good in our community.

Make It a Team Effort: Workplace Giving payroll deduction is a terrific way for individuals to collectively raise funds and make a substantial impact to the growing needs within our local communities. Many individual contributions are small enough that they do not impact the donor but pooling many small contributions results in a sizable donation, especially with company-matched programs.

Call Megan at 207-236-2299 to discuss a Workplace Giving plan for your company.



\$27,938
Fisher Engineering Workplace Giving Contributors 2019

Kyle Adams
Joseph Alberti
Deborah Ames
Jennifer Andrews
Austin Bean
William Bebb
Nathan Beck
Jason Benner
Bryan Carrier
Robert Coffin
Jacob Cookson
Bernard Cox
Marc Craig
Jonathan Crane
Lawrence Curit
Joseph Dalon
Steven Davis
Francis Drake
Rachel Evangelos
Jean Faustini
Tyler Fitzpatrick
Keri Flood
Shaun Grant
Joseph Green

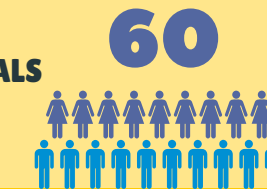
Keith Hagelin
Charles Hall
Timothy Hallock
William Hayes
Christopher Helander
Edwin Horvath
Sean Hovan
Tyler Jones
Elaine Jones
Robin Kaler
Charles LaCombe
Paul LaFrance
Kurt Leavitt
Andre Leblond
Angela Lessard
Devan Long
Craig MacIntosh
Todd Mackey
Stultz Mark
Amanda McKenney
Robert Merrifield
Craig Nelsen
Joseph Nelsen
Matthew Noke

Jeffrey Ohlert
Roger Peabody
Everett Peavey
Grace Perdrizet
Kim Rand
Russell Read
Derek Reed
Lee Rodgers
Christopher Ruby
Matthew Schmid
Rob Somerville
Larry Thomas
Larry Toler
Stephen Tripp
Erin Ventimiglia
Richard Wadsworth
Robin Wadsworth
Robert Wadsworth
Nicholas Waltz
Benjamin Ward
Mary Watson
Ben Weaver
Keith White
Karin Womer

Learn With UMC

UMC's mission is to energize Midcoast Maine nonprofit agencies through finance and guidance, supporting a network of resources stronger than any single organization. This new commitment to guidance - in addition to continuing our 77-year commitment to funding - has led UMC to create **Learn With UMC**, a series of free educational opportunities on topics essential to nonprofit sustainability and impact. The 2019 offerings were developed with feedback from our Nonprofit Advisory Council, and are funded by individual support and sponsorships. Barney and Edward Lane are leadership contributors to the Learn With UMC program in addition to supporting UMC's grants program.

SINCE LAUNCHING IN FEBRUARY 2019...



have attended at least 1 Learn With UMC event

ONLY 1/3

of attendees have access to

FUNDS FOR PROFESSIONAL DEVELOPMENT



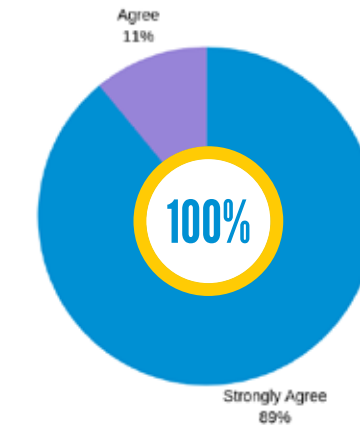
86%

were able to attend because

TRAININGS WERE HELD IN KNOX & WALDO COUNTIES

FEEDBACK

The presenter was knowledgeable and easy to understand



United Midcoast Charities

"I will recommend UMC's learning series because nonprofits need ongoing, affordable (free) training to learn and refresh on current relevant topics."

"We're VERY appreciative of you bringing this level of training expertise to the Waldo County area."

"You guys are terrific. Thanks for all the work you are doing to get Knox county nonprofits to collaborate--it is really important".

"This series presents opportunities to grow organizations."

"Big leap! Got me energized. Keep it up! Good job."

HELP EQUIP ALL MIDCOAST NONPROFITS TO MAKE A STRONGER IMPACT!



The Learn With UMC series is just one way we are putting our Strategic Plan into action.
FMI or to contribute: Megan at 207-236-2299 or megan@unitedmidcoastcharities.org

Working Together To Meet The Needs



Nearly 16% of Maine households — more than 200,000 people — experience food insecurity, unable to afford enough food throughout the year.



Average rent in Knox and Waldo counties is unaffordable to more than 50% of residents. The only homeless shelter in the area can shelter only 5-10% of their caseload.



When people are healthy and safe, they have a better chance of moving out of poverty and increasing their work and educational productivity.



Only two-thirds of Maine's workforce of 620,000 people earn a living wage. Financial security is in part dependent on education, job skills training, even transportation and access to childcare.



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Camden, ME 04843