



A Legacy of Resilience



**United
Midcoast**
Charities



Local giving.

COVID-19 upturned everything and everyone.

We saw lockdowns, business and school closures, loneliness and fear, sickness and too many deaths. But those who felt the pandemic's impact most acutely were already facing food insecurity, homelessness, and poverty before it struck. Since then, their safety net has stretched to its limits.

UMC's founders did not foresee a crisis of this magnitude back in 1942. But they certainly appreciated the value of helping the community they held near and dear. I'm proud to report that 78 years later, *fortified by our legacy of resilience*, we have proactively responded to dramatic increases in need.

Early last year, in response to the escalating crisis, we decided to make our funding more flexible by awarding our annual grants three months earlier than usual. We also removed any restrictions on the use of our grantees' 2019 funding to give them maximum flexibility.

In addition, almost overnight, we created the Rapid Response Fund to address specific and urgent COVID-related needs that could be funded outside our normal grant cycle. Thanks to the community's outpouring of support, we raised more than \$110,000 in less than four months to provide much-needed stopgap funding to 15 agencies in the Midcoast. As always, every cent donated went directly to grantmaking.

Presented with difficult questions about how to help our neighbors, we found innovative answers. Seeing urgent needs, we rose to meet them. Our success in handling the extraordinary challenges of 2020 energized us and affirmed our commitment to building a stronger, more resilient community as we continue to identify needs and support solutions. It's what we do.

Thank you for your support,



Lori Alexander

Lori Alexander
President

**By the Numbers in
the Year of COVID**



Food

The Need

- In 2019, approximately **167,000** Mainers experienced food insecurity, with an expected increase to **182,000** in 2021.
- **11.8%** of the people in Knox County and **13%** of those in Waldo County were food insecure in 2018, with even higher levels forecast for 2020.
- The food insecurity rate in Knox County is the **4th** highest in the state.
- **One** out of **6** households in Knox County struggles to put food on the table.
- **24%** of children in Knox County receive SNAP benefits and **45%** of school-aged children are eligible for subsidized school meals.
- **69%** of Waldo County residents are eligible for SNAP and other Nutrition Program benefits.

How Agencies Adapted in 2020

Area Interfaith Outreach (AIO) Food Pantry & Fuel Services-Rockland

- Allowed people to visit whenever they needed food instead of once per month
- Doubled the amount of food provided per visit
- In its new facility, began putting 800% more food into the community than pre-pandemic
- Increased food storage capacity to help make these increases possible
- Worked with Good Shepherd Food Bank to increase deliveries from once a month to twice a month

- Set up drive-in curbside service to ensure safety

Belfast Soup Kitchen

- Responded fully to a 52% increase in meals required
- Provided 38,493 meals in 2020 versus 24,112 in 2019
- Added meal delivery service to veterans, elderly shut-ins, and remote learning students lacking school meals
- Expects to serve over 60,000 meals in 2021

MCH Meals on Wheels

- Met a 36% increase in demand due to individuals quarantining during the pandemic
- At pandemic's peak, increased the number of meals delivered from an average of 132 to 180
- Delivered meals to all qualified recipients, maintaining MCH's no-waiting-list policy
- As a USDA distribution center, delivered staple foodstuffs for 74% more recipients
- For safety of recipients and volunteers, switched from 5-day to 2-day weekly deliveries

Penquis R.S.V.P.

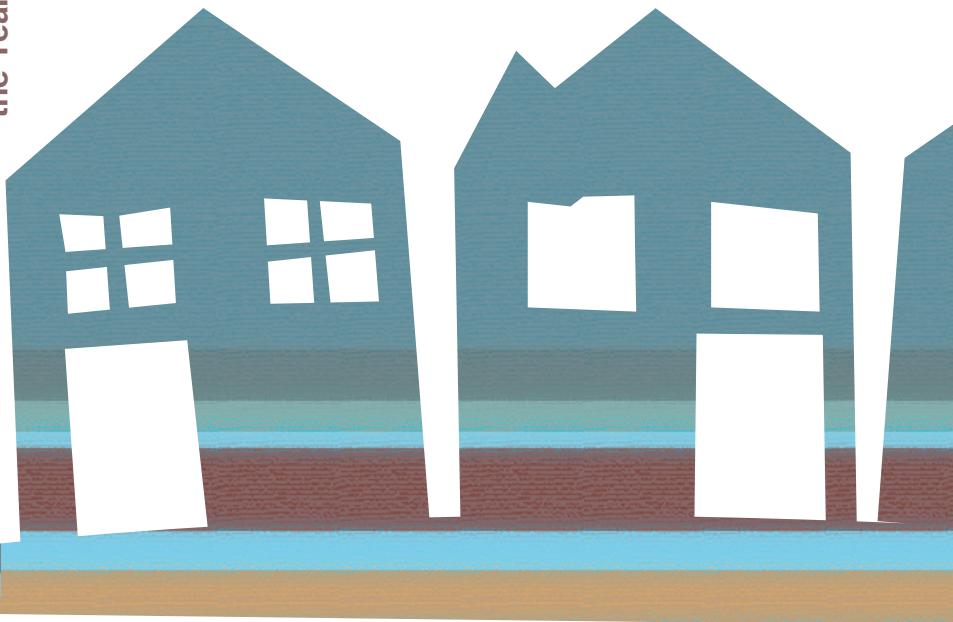
- Delivered 23,000 meals
- Provided rent relief for nearly 10,000 households
- Helped 100+ people with clothing, transportation, utilities assistance, or home repair

Housing



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By the Numbers in
the Year of COVID



The Need

- **One** in **8** Maine households pays more than **50%** of monthly income on housing.
- Maine has only **54** affordable units per **100** very-low-renter -income household.
- **45%** of Maine households with income less than **\$20,000** a year spend more than half of their income on housing.
- **60%** of Knox County residents can't afford the median-priced home.
- **65%** of Waldo County and **62%** of Knox County households cannot afford the average 2-bedroom rental.
- **74%** of the rental households in Rockland can't afford the average 2-bedroom rental.

How Agencies Adapted in 2020

Knox County Homeless Coalition

- Addressed an 80% increase in calls since the pandemic hit, providing 16% more additional nights of shelter
- Opened four efficiency apartments for homeless 18-21-year-olds and emancipated youth
- Began effort to acquire a duplex in Rockland to rent directly to families with support services
- Provided telehealth visits for almost 300 clients and families
- Began piloting a rapid rehousing program for 35 families

Waldo County Woodshed

- Supplied 150 cords of wood last winter

Midcoast Habitat for Humanity

- Began work on the Philbrick Avenue Small House Pocket Neighborhood, with 12 affordable homes
- Acquired a rehab for restoration on Willow Street in Camden to provide an updated, affordable family home
- Partnered with the Community Development Corp of St George to develop affordable housing for peninsula residents
- Collaborated with Knox County Homeless Coalition and Maine Housing to address housing needs, including affordable rentals (along with supportive services) and homeownership in Knox County

Health & Safety



By the Numbers in
the Year of COVID

The Need

- **21.5%** of the population in Midcoast Maine is 65+ years old.
- **57%** of Rockland District Nursing clients are age 80 and over; **87%** are 70 and older.
- **1 in 5** Mainers has experienced sexual violence.
- Intimate partners committed **43%** of Maine homicides in 2019 – 2020.
- **25%** of students feel much less connected to classmates, adults, and school than before COVID.

How Agencies Adapted in 2020

Hospice Volunteers of Waldo County

- Provided 10,000 hours of volunteer assistance
- Gave 3,285 hours of patient and family support in homes, the hospital, or nursing homes
- Offered 2,983 hours of bereavement support
- Supported 125 patients and families facing end of life and 192 individuals in bereavement

Knox County Clinic

- Provided:
 - \$75,000 worth of medical care
 - \$154,000 worth of dental care
 - \$20,000 worth of mental health and wellness care
 - 1,800+ free or low-cost visits to community members
 - Telehealth, aided by home blood-pressure cuffs

New Hope for Women

- Provided 5,016 emergency hoteling bed nights during the first 12 months of the pandemic, compared with 239 bed nights the year prior (nearly 25 times as many)
- Spent \$81,000 on emergency hoteling in the first 12 months of the pandemic vs. an average of \$7,500 annually
- Provided 24/7 telephone support, plus socially distanced in-person support and advocacy

Rockland District Nursing

- Made 2,209 in-home visits, a 20% increase over 2019
- Drove 8,763 miles for visits—2,300 more than in 2019
- Served 47 new clients

Big Brothers Big Sisters of Mid-Maine

- Responded to a 30% increase in mentor requests
- Launched MentorNet, a secure online meeting platform for “Littles” and “Bigs”
- Provided food and other supplies to families whose children could not attend school

Trekkers

- Waived dues payment for much of the program year
- Provided summer programs in addition to regular individual and cohort meetings to help students stay closely connected
- Offered tutoring to any student in their service area, not just Trekkers

Waldo County Dental Care

- Provided 899 restorative, 427 preventative, and 114 pediatric visits
- Ran two pediatric clinics per month, serving 240 children

Economic Security



**United
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**By the Numbers in
the Year of COVID**

The Need

- **54%** of Mainers have someone in their household who is unemployed, and **4.5%** live in deep poverty.
- In Waldo County, **13.5%** of households fall below the federal poverty line, and **25%** of households fall below **150%** of the poverty level.
- Teen parenthood is the **number one reason** girls drop out of high school.
- Pen Bay YMCA had **40%** to **50%** more requests for childcare and **75%** more for infant care.

How Agencies Adapted in 2020

Restorative Justice Project

- Developed online facilitation protocols and adapted training materials to an online format
- Trained 136 people in restorative practices
- Facilitated 674 community-building circles
- Launched a pilot project to enable officers in Waldo and Knox counties to refer individuals to Restorative Justice instead of a summons or an arrest

Wayfinder Schools Passages Program

- Shifted to a remote instructional model, providing laptops and internet access free of charge
- Offered Zoom workshops to bring students together from across Maine
- Began meeting as needed with students outside only, socially distanced
- Graduated 15 students, despite pandemic-related challenges

Waldo County YMCA

- Provided 260% more summer camp financial aid per child in 2020 than in 2019
- Created childcare pods to limit virus spread, requiring a 60% increase in childcare staff
- Created a Y-based remote learning center for school kids whose parents needed to go to work
- Piloted “4 vs 4” basketball, requiring masks, temperature checks and sanitizing protocols
- Started monthly food drives to support local food pantries

Waldo Community Action Partners

- Distributed 45 tons of food
- Made 136 bulk food deliveries to local food pantries
- Gave out \$10,000 of Hannaford food cards
- Provided outreach phone support for 128 families
- Provided food service during school closures (10 summer food distribution sites for 8 weeks)—delivered 7,503 grab-and-go meals and educational materials to children
- Processed 618 applications for rent relief and 5% more heating program applications than in 2019

Ways to Give

Share Your Love

Contributing to UMC is one of the best ways to support your friends and neighbors in the Midcoast during these trying times. **Here are just a few of the many ways you can do that:**

A gift of Cash

→ Giving in this way, you can help others while potentially reducing your income tax.

A gift of Stock and other Appreciated Assets

→ Contributing assets owned for longer than one year allows you to receive a charitable deduction equal to their current value and avoid capital gains taxes.

A gift through your Will or as a Beneficiary of your Retirement Account

→ Consider including United Midcoast Charities in your will or living trust. You can bequeath a fixed amount, a specific asset or a percentage of your estate and qualify for estate deductions. And consider including UMC as a beneficiary of your new or existing life insurance policy or retirement plan (IRA, Roth IRA, 401k, etc.)

A gift made through a Charitable Trust or Annuity

→ By creating a charitable trust or annuity, you can provide life income for yourself and/or others, and you could receive a charitable deduction.

Contributions through Payroll Deduction

→ We'll visit with your company's management and employees to set up a payroll deduction program. Employees who wish to participate simply fill out an enrollment form to indicate how much they would like to deduct.

A Matching Donation from your Employer

→ Many companies offer matching gift programs to encourage employees to make charitable contributions. Ask your employer today if it offers matching gifts.

IRA Charitable Distributions

→ You may give up to \$100,000 to UMC directly from your individual retirement account (IRA) when you are over age 71½ without counting the distribution as taxable income. Contact your advisor for details on how to use this tax efficient method.

Set up a Monthly Donation

→ Distributing your charitable contribution over 12 months allows you to budget for your giving and provides a steady stream of support for UMC. You can set up monthly donations in any amount through PayPal or your bank's online bill-pay. If you need help setting this up, call us at 207-236-2299.

For more information and additional ways to give, go to:
UnitedMidcoastCharities.org/donate/

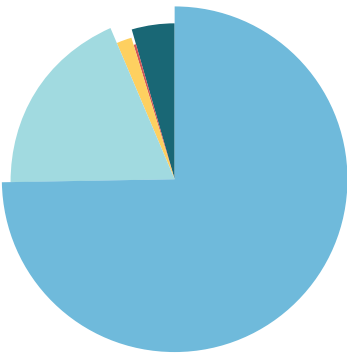


2020 Financials

Audited income and expense for UMC's 2020
Fiscal Year January 1 thru December 31, 2020

REVENUE

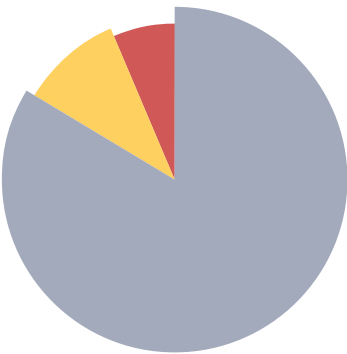
Unrestricted Contributions*	\$ 444,780
Restricted Contributions	\$ 112,463
Grants	\$ 10,000
In-Kind Contributions	\$ 2,313
PPP Loan Forgiveness	\$ 24,800
TOTAL	\$ 594,356



* Community Investors Portion of Unrestricted Contributions: \$23,986. Also includes \$398,726 of contributions received in FY20 toward FY21 grantmaking.

EXPENSE

Grants & Program	\$ 629,559
Administrative**	\$ 75,057
Fundraising**	\$ 46,778
TOTAL	\$ 751,394



** All Administrative and Fundraising expenses are paid through UMC's endowment and/or investments to ensure that 100% of all donations are distributed to the community.

NET ASSETS

Net Assets Beginning	\$ 4,940,686
Net Assets Ending***	\$ 5,284,922
Change in Total Net Assets	\$ 344,236

*** Includes investment income not reflected above.

These figures reflect a simplified presentation. Please contact UMC with questions or for a review of the full audited financials. You can also view them online at: www.unitedmidcoastcharities.org/990s.

Board & Staff

2020 Board Of Directors

Lori Alexander, *Rockport*
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John Burgess, *Northport*
Jay Foster, *Lincolnville*
Ellie Goldberg, *Hope*
Frank Hackett, *Rockport*
Lucile Hanscom, *Rockport*
Jim Hengerer, *Rockland*
Steve Kemple, *Lincolnville**
Joan Phaup, *Camden**
Betsy Saltonstall, *Rockport**
Mary Sargent, *Lincolnville*
John Viehman, *Rockport**

Incoming Board Members

Kristin Sidwell, *Camden*
Sani Fogel, *Rockport*
Ann Matlack, *Owls Head*

2020 Executive Committee

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(Development Co-Chair)*

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Treasurer

Frank Hackett
(Finance Chair)

Secretary

John Viehman
(Communications Chair)*

Grants Chair &

Development Co-Chair

Jim Hengerer

Staff

Executive Director

John Viehman

Administrative Assistant

Rebecca Leonard

**Final year of service
in 2020*

New Faces At UMC

John Viehman

We're delighted to introduce John Viehman, our new Executive Director as of November 2020.

John is no stranger to UMC, having started as a volunteer 12 years ago. He joined the Board and eventually served five years as Board Chair & President. During that time, UMC undertook a strategic planning process to develop its current vision, mission, values, goals, and supportive work plans.

"Taking on the role of executive director is one of those rare opportunities where I can apply the best practices and skillsets I've honed throughout my professional career and merge them with my passion for improving the welfare of our community. It really is a dream job for me."

Beyond UMC, John has had an extensive publishing and broadcasting career, while also engaging in many community activities. He currently serves on the boards of the Penobscot Bay Regional Chamber of Commerce, the Rockport Library Foundation, and on the Rockport Planning Board. He is a past mentor and Midcoast coordinator for the Maine Center for Entrepreneurs' "Top Gun" business accelerator program and belongs to the West Bay Rotary Club. He resides in Rockport Village.



Rebecca Leonard

We're delighted to also welcome Rebecca Leonard, our new Administrative Assistant.

Rebecca is a lifelong resident of the Midcoast and joins UMC after having worked as the Retail Manager at the Samoset Resort/ Ocean Properties for more than 26 years. She resides in Union.

Overseeing all our administrative functions, including grant applications, Rebecca most likely is the friendly voice you hear should you call (207-236-2299) or inquire via email (Admin@UnitedMidcoastCharities.org).



Donors

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Tangie Abercrombie
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John and Lori Alexander
Allen Insurance and Financial
Alexander Allmayer-Beck
AmazonSmile Foundation
American Flatbread Rockport
Charlton and Noni Ames
Timothy Andersen
William and Cynthia Anderson
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Wendy Andresen
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Eliza C. Bailey and Sid Quarrier
Robert and Susan Baines
Bangor Savings Bank
Bangor Savings Bank
Foundation
Bar Harbor Bank & Trust
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John Scholz
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Tony and Betty Bates
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Linda Beeler
Andree Bella
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Peter Berke
Bertuzzi Family Foundation
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Stephen Rosen

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Brooks, Inc.
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Jennifer West
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Mary Ann Carey
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Jim Chalfant
Dr. Richard C. Chandler, M.D.
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Helen Shaw
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Peter Cheesman
Linda Clair
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Richard Cox
Sherree Craig
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Samuel Crouch
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and Ferolyn Curtis
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 Livka Farrell
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 Zoot Coffee



Local impact.

2020 Grantees

Food

AIO Food Pantry & Energy Assistance* / Belfast Soup Kitchen* / Full Plates Full Potential - Knox** / Full Plates Full Potential - Waldo** / Islesboro Community Center** / MCH Inc Meals on Wheels* / Penquis RSVP / Salvation Army** / St. Bernard Soup Kitchen

Economic Security

Belfast Area Child Care Services / Penobscot Bay YMCA / Restorative Justice Project Maine / University of Maine Augusta - Rockland Center / Waldo Community Action Partners* / Waldo County YMCA / Wayfinder Schools



Health & Safety

Belfast Public Health Nursing / Big Brothers Big Sisters of Maine* / Family Planning of Maine / Finding Our Voices** / Hospice Volunteers of Waldo County / Maine Youth Alliance - Game Loft / Mid-Coast Health Net - Knox Clinic / Mid-Coast Recovery Coalition / New Hope for Women* / One Less Worry* / OUT Maine / Parent Program of Mid-Coast Maine / Rockland District Nursing Association* / Soap Closet / Trekkers / Volunteers of America - Northern New England* / Waldo County Dental Clinic

Housing

Knox County Homeless Coalition* / Midcoast Habitat for Humanity / Ripple Initiative / Volunteers of America - Northern New England / Waldo County Woodshed

* Received both an Annual Grant and a Rapid Response Fund grant in 2020

** Received a Rapid Response Fund grant in 2020

“We couldn’t meet with people the way we had been, so we made sure everyone had access to a phone and a phone card—even people on the street who did not seek us out. People need to arrange medical appointments, apply for jobs, and access safety services. A phone would be their lifeline for that.”

Becca Gildred
*Knox County
Homeless Coalition*

“The only reason we were able to manage the dramatic increase in services was because of organizations like UMC and our community supporters.”

Rebekah Paredes
New Hope for Women

“I’m so impressed with how our community has come together in the past year. There has been so much creativity and resilience! People just dove in and said, ‘We’re going to figure this out.’”

Meredith Batley
Knox County Clinic

“The Restorative Justice Project would not be here if it weren’t for UMC. There’s no doubt about it. The ongoing support is so deeply appreciated.”

Sarah Mattox
Restorative Justice